

RUSSELL R. SHIPPEE PRESENTS

Bethe BEST You Can Be.net

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Mr & Mrs Christopher Shippee

Quotes

"We don't laugh because we're happy, we're happy because we laugh."

William James

No one is in charge of your happiness except you.

Your friends love you anyway.

Dear Friends,

There is nothing like a wedding to showcase love and happiness. The outpouring from relatives, old friends and new friends makes it all worthwhile.

Sure, Cameron stole the show and he knows how to play an audience. How does a 10 month old know so much? Yes intuitively babies know far more than we imagine. We are the ones that get lost in all our stuff. We will have the pictures soon.

I write today tired, but happy and content. The wedding was a success.

Now, it is back to the goals and finishing them before year end. Sure, the last two weeks I was distracted and that is OK for all of us. Now is the time to get back to the work hand. The work waits for us, doesn't it? That is good.

Today we announce the opening of the **Be the BEST You Can Be Bookstore**. Yes, we now have a bookstore. It is actually our store linked to Amazon.com. You get access to low prices. The great part is you see all the books I have read and recommend. Go and buy books for holiday gift giving. Giving the gift of empowerment and knowledge is a last meaningful gift that keeps on giving. Try it out. Click [HERE](#)

The world economy is still in the news and will be. It is what happened that counts but what we do from this day forward. Let's be sure we realize the glass is half full.

Remember, we'll be fine in 09.

Enjoy the Journey,

"It's never too late to have a happy childhood. But the second one is up to you and no one else."

unknown

"The greatest discovery of my generation is that a human being can alter his life by altering his attitudes of mind."

William James

"Don't let the negativity of others influence the way you feel about yourself."

Lauren Mayers



Cameron was in control at the wedding rehearsal as he was pointing out his grandmother, Cathy, to a guest.

During the wedding reception Shannon and Chris sat at a table with Cameron between them. He, Cameron, ate and looked out smiling and making eye contact with the crowd. He looked like an executive holding court in his corner office.

Cameron enjoyed every moment as he smiled making sure that all that came into contact with

Russell

Russell R Shippee

Helping You, Motivating You, Empowering You, to the BEST You Can Be

Feedback

Your message is so true. Perception is 99% of most people's reality. Love the pictures. Have a very happy weekend. Best wishes to the bride and groom. D

Congratulations....have fun....and I love your thoughts..keep them coming MJ

Enjoy the newsletters. It sure preaches the power of positive thinking! J D

Love it all! Especially Cameron B

Russ,

Enjoy your newsletters immensely. Would ask you to consider reprioritization our wealth by having faith first, family and then health

Faith is eternal and everlasting. If you have your health without having your family, you are alone and unloved, and that is not much of a bargain. However, if you have your family and lose your health you will be cared for and loved. MR



him also enjoyed the moment. He knew how to have fun and share the fun and excitement of his parents' big day.

Next week we hope to have the wedding pictures from the photographer of Cameron.

Billionaire Business System

I recommend that you check it out [HERE](#). In these times I think you will find some great value. Remember, the best investment is the one in yourself. Try it. You might just want to give it to a friend or family member.

If you want more time and better business practices then check it out [HERE](#).

Learn to Create and Enjoy the Journey!

Buy it [HERE](#)

Do you have any friends who would enjoy the pos focus and empowerment of this newsletter?

If so, be a friend and forward this newsletter to them telling them to subscribe.

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Happiness

Happiness is Friends.

Happiness is sharing the adventure of what happens and what is with others.

A trip, a wedding, or a party is about joy and happiness. Is it the event or the sharing of the event with others that creates the happiness?

The day after my son's wedding I was reflecting on the wedding. As one approaches a wedding they are helping to create, there is always the wonder if it will be a good time. Much effort is put into the plan: the flowers, the location, the menu and the music. Every aspect of the event takes on special meaning.

Sure, all of the planning is needed and good. However, it just sets the stage for the people. It is the people, the interaction of the people, and the being with others that makes the happiness. In a wedding people usually react to the interaction of the bride and groom.

If the bride and groom are happy and one with each other, then the crowd goes with them. A wedding where everyone is happy and enjoying themselves is more about the people and the interaction than anything else. Sure, good food, drink, and music are necessary props, but it is not the props but the people that make the difference.

During the wedding I was holding my grandson. That duty prevented me from doing some other thing: that duty was a privilege, to share with a baby and, for me, it made me happy. I was able to see others be happy and the baby, Cameron, was happy being secure with someone he knew while watching and interacting with all the guests.

The day after the wedding is always conversation about the wedding. Sure, there is talk of the location

flowers, the food and the music. However, it is all conversation in relation to the people. It is the people interaction, and the fun they were having that is the conversation. Refecting, it is the people, the happiness of the people and the sharing of the people that makes a wedding, and makes any event a success.

What about a new house, car or boat. Our things are important to us and most of us like nice things and spend a lot of time picking out the important items in our lives. When we think of it, what value is a house if we do not have friends and family to share it with and make memories with? It can be good bricks and mortar, but it is the people, the interaction of the people in it, that makes it a loving home. the memories of the interaction of the people in the house that makes the difference.

As we search for happiness we need to know we have it right where we are with our friends and loved ones. Happiness can be sitting on a couch watching television. Happiness does not cost money. Happiness does not cost the effort to be with others and to give and share with others. Of course, that is not a cost but a privilege and a privilege to be with and share with others.

The sharing and the giving is happiness.

Happiness is also knowing others are happy. To see your family and friends, knowing they are having a good time, that makes you happy. Happiness is in the sharing of the joy.

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