

RUSSELL R. SHIPPEE PRESENTS

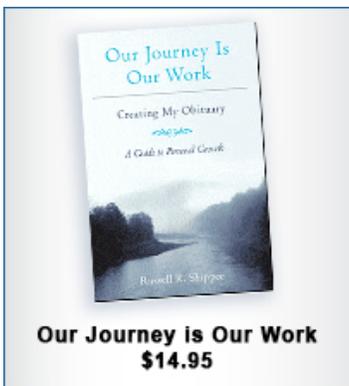
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Thursday, October 29, 2009
Fall Edition #102



Russell R. Shippee
Author, Speaker, Life Coach



Dear Friends,

If you know the question, you also know the answer.

Why do we ignore the question, and avoid the answer at any cost? Who are we kidding? We can't kid ourselves, no matter how hard or how many times we try. It just does not work.

Take a question from the article below, and with paper and pencil, write out the answers. Take time in a quiet space to do this. Allow the answer. Allow yourself the gift of the answer that is there for YOU and only YOU.

It's time, and the time is NOW.

This week I had someone come and try out mind mapping. She took her notes and made them into a mind map. It was amazing how clear the mind map was compared to the written notes. Truly, mind mapping works wonders. If you have not tried it, please do. You can download a trial version below. The basic version at \$99 is more than adequate for most of us. You can always upgrade. The key is to try it and see the benefits. Show yourself. You'll surprise yourself.

When I was 20, I started to read *Think and Grow Rich*. I still read it today, but today I know it is about far more than money. It took me years to realize it. Below my signature is a chance to get the book for free – but, you need to pay shipping. DO GET IT. Read it or give it away – after you read it. This is one of these internet marketing 'deals'. I recommend the book and that is why I am writing about it and offering it. The 2nd offer, after you get the book, is not something I am recommending.



Quotes

FREE *Think and Grow Rich* Book

PUBLISHER'S MARKETING TEST

ORIGINAL 1937 EDITION PAPERBACK



CAMERON'S CORNER

"By working faithfully eight hours a day you may eventually get to be boss and work twelve hours a day."

– Robert Frost

"When tempted to fight fire with fire, remember that the Fire Department usually uses water."

– Unknown

"The greatest revolution of our generation is the discovery that human beings, by changing the inner attitudes of their minds, can change the outer aspects of their lives."

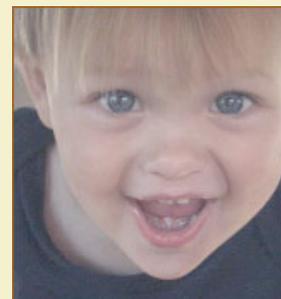
– William James

"I have to have a raise in my commission," the salesperson said to his manager. "There are three other companies after me." "Is that so?" asked the manager. "What other companies are after you?" "The electric company, the telephone company, and the gas company."

– unknown

*Oh No, Oh No,
he's asking questions again!
He told me when people come to see him he'll
sometimes ask questions that make them
uncomfortable,
but they always leave happy
and then they come back.
Wow, could he be right??"*

Yep, I have to answer the questions, too. None of us escapes. You're lucky. Me, I have to see Grandpa most days so I have to be ready. He says I am the BEST; and he wants me to continue being the BEST. I agree.



*Grandpa now has a trainer
and is lifting weights. He
says he is getting younger.
I'm getting older and he's
getting younger? hmmm?*



"WOW . . .Hi there chickies!"

The family went to the Fryeburg Fair in Maine 2 weeks ago. I loved the animals, the parade, and all the activity. I wonder what it was like to live long ago on a farm? Can anyone tell me?



[Get a Question
or Comment
for Cameron?
Click here.](#)

TeleClass Schedule
All times are EST

● **MY LIFE GOALS**

11- 9-09 10 am
11-13-09 10 am

● **WORK LESS -
ACCOMPLISH MORE**

11- 9-09 2 pm
11-11-09 2 pm

[Reply and tell us what
class at no charge.](#)

— FEATURE ARTICLE —

QUESTIONS

*What am I afraid of? Personally? Financially?
In business? Family? Relationships?*

Remember, Ben Franklin said, *A few of the things I worried about actually happened.* IF I was not afraid, what would I do? Personally? Financially? In business? Family? Relationships? What do I want? What am I trying to avoid?

What is the elephant in the room?

What's holding me back?

What's the worst that can happen to me?

Kids are fearless. I was a kid once.

When and how did I lose my fearlessness?

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You already know the answers to the questions. The answers may well be buried in your subconscious. Allow them to see the light of day.

Allow yourself to answer the questions truthfully for you.

You are captain of your life and you determine the answers.

You are creating your life one day at a time.

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