

RUSSELL R. SHIPPEE PRESENTS

Bethe **BEST** You Can Be.net

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Russell & Katy
shopping for the BEST Dress

Quotes

"We make a living by what we give, we make a life by what we give."

Sir Winston Churchill

"Our philosophy is not best expressed in words; it is expressed in the choices one makes. In the long run, we shape our lives and we shape ourselves. The process never ends until we die. And, the choices we make are ultimately our own responsibility."

Eleanor Roosevelt

Dear Russell,

It is time to talk about giving.

Giving is the breath of life. Giving is one of the most wonderful reasons for working hard to acquire money and time. Acquire it so that you can share it.

One of the most difficult things I have ever done was to give my daughter away in marriage. Now, two years later, I realize I did not give her away but gained a new son and new relatives. Boy, am I lucky!

Who is wondering why, at the end of the quarter, I am not asking you if you've accomplished your 90 day goals? Well, they are important. However, we cannot lose sight of the fact that we can only find ourselves in losing ourselves serving others.

Yes, giving is one of the key steps in reaching our goals.

TB was angry about the financial markets in the USA when he called as soon as he read the newsletter last week. In the afternoon he was happy. A CPA called doing taxes and a legislator called working on the state budget. Both felt the article appropriate at this time for them.

We cannot know happiness if we never experience unhappiness. The same goes with all things in life.

I was at a funeral for a friend's mother. Yes, there were many sad people. However, when they discussed the joy of being with her, they realized it was better to have loved and lost than

never to have loved.

Be *the* BEST You Can Be,



Russell R Shippee

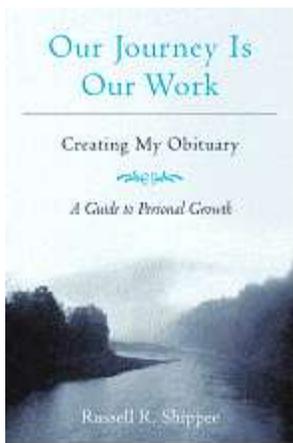
"A man is ethical only when life, as such, is sacred to him, that of plants and animals as that of his fellow men, and when he devotes himself helpfully to all life that is in need of help."

Albert Schweitzer

Helping You, Motivating You, Encouraging You, to Be the BEST You Can Be

"Light is the task when many share the toil."

Homer



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Why NOT You?

I have know Russ since 1967 and have found him to be a tremendous resource, mentor, advisor, and life coach. In all aspects of my life, which included entering and building a family business, the eventual sale of that business, Russ was always there with insight, humor, patience and persistence.

Ernie Santoro, Entrepreneur, Business Owner

Your ability to make the complex simple and understandable amazes me. You have given me the power and confidence to do that which I secretly knew I needed to do.

Walter Cotter, Providence, RI

I will accept **5** new clients as follows:
2 hour initial goal setting/fact finding
2 calls a month
3 hours -- plus emails - questions as needed
3 month program \$1,500

GLAD you did

Who should take advantage of this?

Someone who needs guidance

Someone who has yet to empower themselves

Someone who needs empowerment

Someone who needs someone to help them get on the right track

Someone who needs a mentor

You WILL learn

You WILL grow

You WILL find a track to run on

You will Succeed

You will gain Confidence

You WILL find a friend motivating you with humor and encouraging you to be the BEST you can be

You will be Glad you did. YOU are worth it !

When TODAY Why, if not NOW, when?

How reply to the newsletter and say "YES, I want to be one of the lucky 5" and provide your telephone number.

The winning 5 will be chosen on March 29th.

GIVE

One of my favorite sayings is, "Give not till it hurts, give till it feels good."

Yes, give, then give more, and then give again. Give until it feels good. Give until you feel the value and the joy of giving. Once you know and understand the joy of giving, your life will then become one of great meaning and great giving.

Giving means sharing your wealth. It comes in three forms:

Time

Talent

Treasure

Some people refer to it as:

Work

Wisdom

Wealth

No, giving does not mean just money. There is far far more to give than money. Sure, people, institutions, and organizations need money and we are all asked to give money. Yes, it also feels good to give money. It is not the money, it is the good that it does. It is the benefit that it provides for others.

We all have wealth, and we all have different proportions of the types of wealth discussed above. We can all give one or more of the forms of wealth regardless of how much or how little we have of one or more of the above.

Giving comes in so many shapes and forms we may not all recognize it. Giving is something we can and should do each and every day. Giving is such as:

- helping someone across the street
- stopping to talk to a lonely person
- calling someone who needs a call
- being a welcome listener
- coaching someone
- teaching someone a new skill
- reaching out to someone in need
- Organizing a fund drive or participating in it
- Working for your religious organization
- giving time, talent, treasure (money or things)

Giving does not take long and can be done on the fly. We all have time to give of ourselves.

What about when someone gave to you? Remember how you felt when someone reached out to you? Perhaps it was a call, a visit, a meal delivered, time spent in helping you to learn, or just a smile. Yes, just giving a smile can touch someone and give them a boost. Think of the small things people have done that you remember and appreciate.

So, others have helped you, given to you, and you remember it. Well, how about doing the same for someone else? How about giving something back at least once a day? It will make your day of great value to the other person and also to you.

As Ralph Waldo Emerson said, "It is one of the most beautiful compensations of this life, that no man can sincerely try to help another without helping himself."

Give of yourself. Give not till it hurts, give till it feels good.

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