

DELAYED?

Ever been delayed?

Often we are delayed because of the circumstances of life itself: health, family, co-workers, mechanical breakdowns, weather, and interruptions. Daily there are circumstances that can cause us delay.

When making a plan, it's good to be realistic that we will be interrupted. It's just part of life.

The key is not to let the delay stop us or deter us from our objective. A delay does not mean the end of the goal, nor does it mean we have to stop. Simply, we have to readjust. We need to readjust daily to the happenings of life. We can't control much of what interrupts us, but we can control our reaction to it.

Accept the delay, build it into your plan, and move forward.

Often family or work can create a delay. A delay can be a day, a week, or a year. Yes, a year or more. It's OK to delay something for years when

necessary. Just put it on your life schedule when it can be done.

We have eternity. There is no rush. Plan wisely. Don't put so much into your schedule that it can't be accomplished. Be balanced. Play with the kids, sit and watch the movie. Go for a walk. One should not be focused all the time on their goals. Life is to be lived, family is to be enjoyed. Kids grow up and leave the nest. Enjoy them when you can. Be a kid yourself. Play in the snow when the opportunity presents itself. Go for a sail when the weather is so perfect the boat is calling you.

A delay can actually speed things up. Sometimes there is something else that demands your attention. It may well be better to refocus your attention, handle the situation, and then come back to the planned activity. It's difficult to do too many things at the same time, it takes longer, and the product may well not be as good.

While 'delayed' the project can be simmering in your mind. Some of our best ideas come when we are doing something else. Yes, the delay can end up creating a better outcome.

The key is to understand the delay. Is it a legitimate delay caused by circumstances, or are

the circumstances used as an excuse to put off something you are afraid to do?

Small interruptions should not prevent you from doing the big things. The small things can fit around the big things. Big things first.

Look at and understand the reason for the delay. If it's just an excuse, get going. If not, adjust as needed.