

As ye sow, so shall ye reap

If you plant corn you get corn.

Life is simple and works on very simple laws. You get back what you give out.

We all know this. The issue is we need to live it. Too often most of us judge others, harbor negative thoughts, and express anger about others. Then we wonder why those people treat us with judgment, negativity, and anger.

We are all mirrors to one another. Subconsciously, we give back to others what they express to us. If it is love and compassion given, we feel the same towards them.

How many fights have you ever won? How many have you lost? What are your feelings and emotions about those with whom you have fought? Have you forgiven them or do you still hold a grudge?

The only problem with a grudge is that it hurts us more than the other person. Is not the bigger person the one who can forgive and move on? Remember a time when you forgave someone a hurt. Did it not feel good and eliminate the tension? It feels good and it helps both parties.

If you want to be liked, find something to like about everyone else. If you want to be helped, then reach out and help others. If you want to learn a skill, help someone learn your skill and they will help you with theirs.

Life is in balance. If we truly want something and work towards it with study, practice, and a positive attitude, it will happen. No, not tomorrow but at a time in the future based on your efforts. The seeds of your efforts and positive focus will produce results. The results only come after you have planted and watered the seed.

Life is fair and just. Sometimes we look and do not comprehend the fairness of it all. Others seem to get all the breaks. Others seem to be more successful without the work and effort. Unfortunately, most often we are not aware of what the other person has or has not done.

When we look at life over a period of time we realize it is fair and just. We realize those who succeed by taking advantage of others will fail. Those who help and work with others always seem to succeed in the long run.

Know that negativity and shortcuts will reap a poor harvest. If we wonder why we are not liked or why we did not obtain our desire, we need only to

look at our thoughts and actions. We will find we did get what we focused on. We allowed the wrong seeds to grow in the garden of our mind. We got what we did, thought about, and focused on.

Resolve now to sow what you want with compassion and respect for all. Sow with positive intentions and do the work necessary to reach your goal. Know that in planting the seed and caring for it you will reap the rewards of your efforts.

You have the tools to plant the seeds of your desires and to enjoy the fruits of your labors. Sow knowing you will reap that which you sow.