

3 Times - 13 Times

How many times is enough?

Only you know how many times is enough. Yet, the more times you do something, read something, or view something the more you see and the more you understand.

Have you ever watched a movie more than once? Did you see more and get more out of it the second time? Sure. See it five times and you'll still be seeing things you missed.

Part of it is your understanding and knowledge of the information increases. Another part is that every time you read, watch, or do something you are in a different space than you were the last time. In effect, you are a new person, and seeing it for the first time.

I was listening to an educational tape and I was advised to listen to it daily for thirty days. WOW. That's a long time to listen to one tape. Yet, about the fifth day I became aware of how much more information there was in the tape than I had first realized. Yes, there was value, a great value in listening many times.

Educationally, we need to read it or listen to it many times in order to fully comprehend, and be able to work with the information. Look at a picture, or a design, and the more times you see it the more you see.

Realizing this, it makes me wonder how much I have missed in life by glancing at something, or taking a quick look, and moving on. I'll bet I missed far more than I saw.

Have you ever taken one of those tours of 13 countries in 10 days. At best you hit the highlights and you might, just might, get a little feeling for the area.

We rented an apartment in Paris for six weeks. The six weeks flew, we hated to leave, and we had so much more to do. The more time we were in Paris the more we saw, even walking the same streets. It takes time to get into the tempo and rhythm of an area. In living it you get to know the area and appreciate it all the more.

The Blue Angels performed recently at an air show here in Rhode Island. They come every two years to perform. They perform elsewhere many other weekends of the year. Yet, for a two day show they have been practicing for four days. They are either practicing or performing on almost a daily basis.

Olympic athletes practice all the time for years before the Olympics.

Speakers practice their speeches many times before they are given. When they give a speech it sounds casual, off the cuff, and it all fits together nicely. That is not by accident. That is by plan. The more times you do it, the easier it is. The more times, the better you are at it.

Focus on how much you have learned and seen by repeating. Then, use it in your daily life to perform better for your personal good and the good of others.